



## Executive Functioning: Strategies to Keep Your Child Organized and Yourself Sane

Do you have a child or student who struggles with impulse control, getting started on homework/projects, organization of their things and/or knowing when their behavior is getting out of control? Do you hear yourself repeating "please just start working on\_\_\_\_" or "that is not a clean bedroom/backpack/desk!" or even "What do you mean you lost\_\_\_\_?" You know they are smart, but does the child or student often appear to be "lazy" or "lacking motivation"? They may be struggling with Executive Functioning, a higher order brain process that may not be developed in many individuals including, but not limited to, those with Asperger's, High Functioning Autism, ADHD and OCD diagnoses. But don't be discouraged! **Come learn what to look for, why these individuals do the things they do and how you can help them!** This **FREE Seminar** will explain the science behind Executive Functioning skills and will introduce practical concepts and techniques to help your child or student to be successful across environments.



**WHEN: Thursday, November 29<sup>th</sup> 2012**

**TIME: 7:00 p.m. – 8:30 p.m. - Charis Table Room**

**WHERE: Home Church 1799 Winchester Blvd Campbell, CA 95008**

**About the Speaker:** Tara Roehl is a nationally certified Speech Language Pathologist. She owns and operates a private practice clinic focusing on the social/pragmatic and executive functioning needs of students with ADHD, High Functioning Autism, Aspergers and related disorders. At the same time, Tara runs a Special Needs Program at her church to improve the inclusion of individuals with special needs and their families into the religious community.

Earlier in her career, Tara worked as a speech therapist in the public school systems in Illinois and California. Most recently, she worked as the lead speech therapist on the Autism diagnostic team for a Bay Area public preschool. While in this role, she designed and launched the district's "Speech/Social Group" program for children with speech delays and /or High Functioning Autism diagnoses. In recent years, Tara has extended her practice by working with individuals with disabilities outside of the United States, including developing long distance remote speech therapy approaches with individuals in Rwanda and the Philippines. **Tara holds a Bachelors of Science and Masters of Science in Speech-Language Pathology from Indiana University of Pennsylvania.**